



Cran-Raspberry KIDS

Directions: Place contents in glass and mix with 4-6 oz. of cold water or juice. Children can take 1-2 packets daily depending on physical activity.

SUPPLEMENT FACTS

Each Packet Contains

	amount per serving	%dv
Calories	10	
Calories from Fat	0	
Total Carbohydrates	2 g	
Sugars	2 g	

VITAMINS

Vitamin C (Ascorbic Acid)	250 mg	417%
Vitamin B1 (Thiamine)	2 mg	133%
Vitamin B2 (Riboflavin)	1.7 mg	100%
Vitamin B3 (Niacinamide)	10 mg	50%
Vitamin B6 (Pyridoxine)	10 mg	500%
Folic Acid	600 mcg	150%
Vitamin B12 (Hydroxycobalamin)	60 mcg	1000%
Pantothenic Acid	20 mg	200%
Biotin	300 mcg	100%
Vitamin D3 (Cholecalciferol)	400 iu	100%
Vitamin E (d-alpha Tocopherol Acetate)	20 iu	66%
Vitamin K1 (Phylloquinone)	50 mcg	63%
Vitamin A (Retinol Palmitate)	2000 iu	40%
Lipoic Acid	1 mg	◆
Choline Bitartrate	50 mg	◆

GLUTEN AND LACTOSE FREE

amount per serving %dv

MINERALS

Potassium (Bicarbonate)	200 mg	6%
Sodium (Bicarbonate)	40 mg	< 2%
Calcium (Carbonate/Ascorbate)	100 mg	10%
Magnesium (Carbonate/Ascorbate)	100 mg	25%
Zinc (Picolinate)	10 mg	67%
Manganese (Gluconate)	2 mg	100%
Copper (Aspartate)	1 mg	50%
Molybdenum (Glycinate)	75 mcg	100%
Selenium (Sodium Selenite)	70 mcg	100%
Chromium (Picolinate)	100 mcg	80%
Iodine (Potassium Iodide)	50 mcg	33%
Boron (Citrate)	1 mg	◆

AMINO ACIDS

N-Acetyl Cysteine (NAC)	50 mg	◆
L-Arginine	100 mg	◆
L-Lysine	100 mg	◆
L-Glycine	250 mg	◆
TMG-Betaine	250 mg	◆
L-Glutamine	100 mg	◆

HERBS

Bromelain	10 mg	◆
Citrus Bioflavonoids	100 mg	◆
Cranberry Powder	300 mg	◆

Percent Daily Values are based on a 2000 calorie diet for adults and children 4 or more years of age.

◆ Daily values not established.

OTHER INGREDIENTS: Fructose, Organic Evaporated Cane Juice, Flavor from Cranberry and Raspberry, Citric Acid, Beet Powder (color), Stevia, Grape Skin Extract, Beta Carotene. Keep in a cool, dry place.

QUESTIONS/COMMENTS: 1-800-800-9550

or **www.DrinkYourVitamins.com**

OLA LOA, LLC HONOLULU, HI 96814